

Indian Nations Council

COVID-19 RESPONSE AND PROTOCOLS

Revised: 12/1/2020

The health and safety of all participants and staff at Indian Nations Council has always been the top priority of the Indian Nations Council. COVID-19 has impacted our lives in an unprecedented manner and intensified our review and efforts to maintain a healthy and safe environment at camp. We are taking additional precautions at camp in addition to our long-established health and safety measures, based upon guidance from the Centers for Disease Control and Prevention (CDC), the State of Oklahoma, and local authorities. As we monitor and evaluate this very fluid situation, we will adjust our efforts based upon the guidance of these authorities.

Over the past year Indian Nations Council has held several events following these guidelines. By adhering to the rules and working closely with our campers and staff we have been able to safely hold events for our campers. We feel confident that Summer Camp can be done safely, and we do not anticipate any cancelation of camp sessions.

CAMP PROTOCOLS:

- 1. Cooperative Team Effort.** Reducing the risk of COVID-19 exposure is a cooperative, team effort of participants, staff and parents. This effort starts at your home, pre-arrival, and continues upon arrival and stay at camp, and your return home. Working together, we can minimize the risk of exposure while at camp, and equally important, minimize the risk of bringing COVID-19 home to the families of participants and staff.

- 2. Pre-Arrival.** Please take the time to prepare yourself and your group before departing to camp.
 - Each participant must conduct a health screening before camp. This includes a temperature check. Anyone with a temperature in excess of 100.4 degrees cannot attend camp.
 - Do not travel, attend or come to camp if:
 - You are sick, have been sick or have possibly been exposed to COVID-19 within 10 days of your planned arrival. These may include the following symptoms:

<ul style="list-style-type: none">• Chills• Cough• Fever• Loss of taste or smell	<ul style="list-style-type: none">• Muscle pain or soreness• Shortness of breath• Sore Throat• Vomiting or Diarrhea
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 - You are awaiting the results of a COVID-19 test because you suspected you have the virus.
 - You have travelled out of the U.S. in the past 14 days.
 - You have a serious underlying health condition.
 - Every participant (this includes adult leaders) must have a mask and 2-ounce pocket hand sanitizer.
 - Please monitor the camp and INC websites for the most current information as these protocols may change.

3. Arrival. Health screening upon your arrival at camp conducted, which will also include a temperature check. Anyone with a temperature of 100.4 degrees or above will not be allowed in camp.

- Note: Should anyone in the not pass the arrival screening, the entire group that traveled together will not be allowed to enter camp.

4. Masks. Everyone will be asked to bring their own mask to wear in all groups larger than 10, while indoors, or when 6 feet of social distance cannot be achieved.

- Options include a traditional cloth face mask, buff, neckerchief, neck gaiter, etc.
- Must cover the nose and mouth.
- Cloth face coverings fashioned from household items or made at home from common materials at low cost can be used. [CDC Resource: DIY Cloth Face Covering](#)
- Participants should bring additional masks for back-up and/or emergency use.

5. Social Distancing. Maintain social distancing of 6-feet at all times. We recognize that at camp this can be a challenge and even impossible. Minimize times when social distancing cannot be achieved.

6. Sleeping/ Tenting. Participants should be assigned their tents, only 2 people per tent sleeping head to foot. Participants should limit their time spent in tents to changing clothes and sleeping. A Tent Exception Form will need to be signed to allow participants to share a tent with troop members. Siblings and parents do not need and exception form. Anyone that wishes to tent alone must make arrangements to bring their own tents if no extra tents are available in the campsites.

7. Sanitizing and Hygiene. Handwashing, sanitizing and personal hygiene are critical to helping prevent COVID-19 (and other illnesses). Hygiene reminders will be posted around camp. All participants (youth and adult leaders) and staff are reminded to follow these protocols. Additional steps we are taking:

- Extra sanitizing stations will be set up throughout camp. [CDC Resource: Effective Handwashing](#)
- Equipment in the adventure areas will be sanitized after each session as possible and per the manufacture guidelines.
- We will have hand sanitizer in common areas.
- Participants will be encouraged to use their personal, pocket hand sanitizer.
- Troops will be assigned to cleaning their campsite bathroom each day. The camp will provide all sanitation equipment.
- Crews will be asked to assist in sanitizing their campsites and sleeping areas before departing with provided equipment.
- We are researching additional measures.

8. Dining Hall. We continue to evaluate Dining Hall procedures, and currently, the following will apply:

- Upon entry, everyone must sanitize their hands at a sanitizing station.
- No food sharing is allowed.
- The Dining Hall will be disinfected after every meal.
- The Dining Hall seating area will be closed between meal shifts.

9. Emergency Response.

- An emergency response plan that includes isolation and quarantine protocol, should a person at camp develop symptoms of COVID-19 or other communicable disease, shall be developed in advance of camp.
- A quarantine facility will be set-up, in case we need to quarantine once camp is in session until that person can be safely taken from camp.

10. Post-Camp.

- If any camp participant or family member of a camp participant is diagnosed with COVID-19, please contact Paige Draffin at the Indian Nations Council at 918-392-1231 to report the illness.

These precautions are important, but they do not remove the potential for exposure to COVID-19 or any other illness while at CAMP. Some people with COVID-19 show no signs or symptoms of illness but can still spread the virus, and people may be contagious before their symptoms occur. These factors mean that an infected person may pass the required health screenings and be allowed into camp.

We know that each participant and staff member have a unique set of circumstances to consider when deciding whether to attend camp. We hope this information will be helpful as you make those choices.