

Indian Nations Council

COVID-19 RESPONSE AND PROTOCOLS

The health and safety of all participants and staff at the Indian Nations Council has always been the top priority of the Indian Nations Council. COVID-19 has impacted our lives in an unprecedented manner and intensified our review and efforts to maintain a healthy and safe environment at camp. We are taking additional precautions at camp in addition to our long-established health and safety measures, based upon guidance from the Centers for Disease Control and Prevention (CDC), the State of Oklahoma, and local authorities. As we monitor and evaluate this very fluid situation, we will adjust our efforts based on the guidance of these authorities.

CAMP PROTOCOLS:

- 1. Cooperative Team Effort.** Reducing the risk of COVID-19 exposure is a cooperative, team effort of participants, staff and parents. This effort starts at your home, pre-arrival, and continues upon arrival and stay at camp, and your return home. Working together, we can minimize the risk of exposure while at camp, and equally important, minimize the risk of bringing COVID-19 home to the families of participants and staff.

- 2. Pre-Arrival.** Please take the time to prepare yourself and your group before departing to camp.
 - Each participant must conduct a health screening before camp. Anyone with a temperature in excess of 100.4 degrees cannot attend camp.
 - Do not travel, attend or come to camp if:
 - You are sick, have been sick or have possibly been exposed to COVID-19 within 10 days of your planned arrival. These may include the following symptoms:

• Chills	• Muscle pain or soreness
• Cough	• Shortness of breath
• Fever	• Sore Throat
• Loss of taste or smell	• Vomiting or Diarrhea
 - You are awaiting the results of a COVID-19 test because you suspected you have the virus.
 - Every participant (this includes adult leaders) must have a mask and 2-ounce pocket hand sanitizer.
 - Please monitor the camp and INC websites for the most current information as these protocols may change.

- 3. Arrival.** Health screening upon your arrival at the camp is conducted with the Health Officer, which may also include a temperature check. Anyone with a temperature of 100.4 degrees or above will not be allowed in camp.
- Note: Should anyone not pass the arrival screening, the entire group that traveled together will not be allowed to enter the camp.
 - COVID-19 vaccine proof is not required but highly encouraged. Please have a copy with your Health and Medical records. Those that have the COVID-19 vaccine are still asked to follow these procedures to help set an example for all Scouts.
- 4. Masks.** Everyone is encouraged but not required.
- Options include a traditional cloth face mask, buff, neckerchief, neck gaiter, etc.
 - Must cover the nose and mouth.
 - Participants should bring additional masks for backup and/or emergency use.
- 5. Social Distancing.** Maintain social distancing of 6-feet at all times. We recognize that at camp this can be a challenge and even impossible. Minimize times when social distancing cannot be achieved.
- 6. Sleeping/ Tenting.** Participants should be assigned tents and have 2 people per tent. Minimize time spent in the tent except for sleeping. Sleeping should be head to foot.
- 7. Sanitizing and Hygiene.** Hand washing, sanitizing and personal hygiene are critical to helping prevent COVID-19 (and other illnesses). Hygiene reminders will be posted around camp. All participants (youth and adult leaders) and staff are reminded to follow these protocols. Additional steps we are taking:
- Extra sanitizing stations will be set up throughout camp. [CDC Resource: Effective Handwashing](#)
 - We will have hand sanitizer in common areas.
 - Participants will be encouraged to use their personal, pocket hand sanitizer.
 - Troops will be asked to assist in sanitizing their campsites, restrooms, and sleeping areas with provided equipment.
 - We are researching additional measures.
- 8. Dining Hall.** We continue to evaluate Dining Hall procedures, and currently, the following will apply:
- Upon entry, everyone must sanitize their hands at a sanitizing station. [C](#)
 - No food sharing is allowed.
 - The Dining Hall will be disinfected after every meal and closed between meals.
 - Additional outdoor areas are established and troops will have the options to eat inside and outside.
- 9. Emergency Response.**
- An emergency response plan that includes isolation and quarantine protocol, should a person at camp develop symptoms of COVID-19 or another communicable disease, shall be developed in advance of camp.
 - A quarantine facility will be set-up, up in case we need to quarantine once camp is in session until that person can be safely taken from camp.

10. Post-Camp.

- If any camp participant or family member of a camp participant is diagnosed with COVID-19, please contact Scott Thiessen at the Indian Nations Council at 918-392-1227 to report the illness.

These precautions are important, but they do not remove the potential for exposure to COVID-19 or any other illness while at camp. Some people with COVID-19 show no signs or symptoms of illness but can still spread the virus, and people may be contagious before their symptoms occur. These factors mean that an infected person may pass the required health screenings and be allowed into the camp.

We know that each participant and staff member have a unique set of circumstances to consider when deciding whether to attend camp. We hope this information will be helpful as you make those choices.